| Date | Start | Depart | Return | Event Name | Location | Group | Event Type |
|----------------|-------------|------------------|---------|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|-----------------|
| Sat 12/09/2023 | 7:30 am | 5:00 am | 7:30 pm | Varsity Wrestling @ NAC Tournament | NORTHERN ADIRONDACK JUNIOR-SENIOR HIGH SCHOOL | Varsity Wrestling | Away Tournament |
| Sat 12/09/2023 | 10:00 am | 7:30 am | 5:00 pm | JV/MS Wrestling @ Otter Valley Tournament | Otter Valley Union High School | JV Wrestling MS Wrestling | Away Tournament |
| Tue 12/12/2023 | 5:00 pm | 3:00 pm | 7:30 pm | JV/Varsity Wrestling @ CVU | Cvu High School | JV Wrestling Varsity Wrestling | Away Meet |
| Fri 12/15/2023 | 6:15 pm | | | MS Wrestling @ Middlebury | Middlebury Union Middle School | MS Wrestling | Away Meet |
| Sat 12/16/2023 | 10:00 am | 6:15 am | 5:00 pm | HS Wrestling @ St. Johnsbury | St. Johnsbury Academy | Varsity Wrestling | Away Tournament |
| Mon 12/18/2023 | 6:00 pm | \triangleright | \succ | MS Wrestling @ Vergennes | Vergennes High School | MS Wrestling | Away Meet |
| Thu 12/21/2023 | 6:00 pm | | | HS & MS Wrestling Home Meet | Mt Abraham Union High School > Gym | Varsity Wrestling MS Wrestling JV Wrestling | Home Meet |
| Sat 12/23/2023 | 1:00 pm | | | MS Wrestling @ Essex Tournament | Essex High School | MS Wrestling | Away Tournament |
| Wed 12/27/2023 | 12:15 pm | | | HS Wrestling @ Middlebury Tournament | Middlebury Union High School | JV Wrestling Varsity Wrestling | Away Tournament |
| Thu 12/28/2023 | 9:00 am | | | HS Wrestling @ Middlebury Tournament | Middlebury Union High School | JV Wrestling Varsity Wrestling | Away Tournament |
| Sat 12/30/2023 | 10:00 am | | | HS Wrestling @ Fair Haven Duals | Fair Haven Union High School | Varsity Wrestling JV Wrestling | Away Tournament |
| Sat 01/06/2024 | 9:45 am | 6:15 am | 7:00 pm | V Wrestling @ Mt. Anthony Tournament | Mount Anthony Union High School | Varsity Wrestling | Away Tournament |
| Sat 01/06/2024 | 10:00 am | | | Kevin Micklas Wrestling Tournament | Mt Abraham Union High School > Gym Mt Abraham Union High School > Large Cafeteria Mt Abraham Union High School > Main Lobby | JV Wrestling MS Wrestling | Home Tournament |
| Thu 01/11/2024 | 6:45 pm | 4:45 pm | 9:30 pm | HS Wrestling @ Colchester | Colchester High School | JV Wrestling Varsity Wrestling | Away Tournament |
| Fri 01/12/2024 | 4:00 pm | | | HS Wrestling @ Essex Tournament | Essex High School | Varsity Wrestling | Away Tournament |
| Sat 01/13/2024 | 10:00 am | | | HS Wrestling @ Essex Tournament | Essex High School | Varsity Wrestling | Away Tournament |
| Wed 01/17/2024 | 5:00 pm | | | MS Wrestling @ Vergennes | Vergennes High School | MS Wrestling | Away Meet |

8:41 pm Wed 8 May, 24

HS & MS Wrestling Schedule

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| Date | Start | Depart | Return | Event Name | Location | Group | Event Type |
|----------------|---------|------------|------------|--------------------------------|--------------------------------|-------------------|-----------------|
| Wed 01/17/2024 | 6:30 pm | 4:00 pm | 11:00 | HS Wrestling @ Mt. Anthony | Mount Anthony Union High | JV Wrestling | Away Meet |
| | | | pm | | School | Varsity Wrestling | |
| Sat 01/20/2024 | 7:30 am | 7:00 am | 5:30 pm | Wrestling @ Vergennes | Vergennes High School | JV Wrestling | Away Tournament |
| | | | | Tournament | | MS Wrestling | |
| | | | | | | Varsity Wrestling | |
| Tue 01/23/2024 | 6:00 pm | 4:30 pm | 8:30 pm | HS & MS Wrestling @ | Middlebury Union High School | JV Wrestling | Away Meet |
| | | | | Middlebury | | MS Wrestling | |
| | | | | | | Varsity Wrestling | |
| Sat 01/27/2024 | 10:00 | 7:30 am | 5:00 pm | HS Wrestling @ Otter Valley | Otter Valley Union High School | JV Wrestling | Away Tournament |
| | am | | | Tournament | | Varsity Wrestling | |
| Sat 01/27/2024 | 12:00 | \searrow | \searrow | MS Wrestling @ MVU | Missisquoi Valley Union High | MS Wrestling | Away Tournament |
| | pm | | | Tournament | School | | |
| Thu 02/01/2024 | 6:00 pm | 4:30 pm | 8:30 pm | HS & MS Wrestling @ | Vergennes High School | JV Wrestling | Away Meet |
| | | | | Vergennes | | MS Wrestling | |
| | | | | | | Varsity Wrestling | |
| Sat 02/03/2024 | 9:30 am | 7:30 am | 5:30 pm | HS & MS Wrestling @ Mt. | Mount Mansfield Union High | Varsity Wrestling | Away Tournament |
| | | | | Mansfield Tournament | School | MS Wrestling | |
| | | | | | | JV Wrestling | |
| Sat 02/10/2024 | 10:00 | 7:00 am | 7:00 pm | Varsity Wrestling @ State-Wide | Riverside Middle School | Varsity Wrestling | Away Tournament |
| | am | | | Dual | | | |
| Sun 02/11/2024 | TBD | TBD | TBD | MS Wrestling @ Rutland | Rutland Recreation Community | MS Wrestling | Away Tournament |
| | | | | Tournament | Center | | |
| Sat 02/17/2024 | 10:00 | 7:15 am | 6:15 pm | JV/MS Wrestling Championships | Spaulding High School | MS Wrestling | Away Tournament |
| | am | | | @ Spaulding | | JV Wrestling | |
| Fri 02/23/2024 | 2:00 pm | 1:00 pm | 9:00 pm | Wrestling Championships @ | Otter Valley Union High School | Varsity Wrestling | Away Tournament |
| | | | | Otter Valley | | | |
| Sat 02/24/2024 | 9:00 am | 7:30 am | 9:00 pm | Wrestling Championships @ | Otter Valley Union High School | Varsity Wrestling | Away Tournament |
| | | | | Otter Valley | | | |